



**Seattle Parks and Recreation
Southwest Community Center & Pool
2801 SW Thistle
Winter 2004 Programs**

January 2 - April 2, 2004



www.cityofseattle.net/parks/swcc.htm

(206) 684-7438 - Center

(206) 684-7440 - Pool



GETTING STARTED



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HOURS OF OPERATION

Community Center

Monday & Wednesday	10:00 AM - 9:00 PM
Tuesday & Thursday	1:00 PM - 9:00 PM
Friday	1:00 PM - 9:00 PM
Saturday	10:00 - 5:00 PM
Sunday	CLOSED

Pool

Monday - Thursday	Noon - 9:30 PM
Friday	Noon - 8:00 PM
Saturday	10:00 AM - 2:00 PM
Sunday	11:00 AM - 6:00 PM

HOLIDAY CLOSURES

January 1st New Years Day
January 19th MLK Jr Day
February 16th Presidents' Day

PROFESSIONAL STAFF

Community Center Coordinator

TBA

Aquatic Center Co-Coordiators

Nancy Eisner/Diane Jones

Assistant Center Coordinator

Dena Schuler

Assistant Aquatic Center Coordinator

Matt Richardson

Administrative Support Assistant

Heidi Hudson

Teen Development Leaders

Carrie Fulton/Mike Browne

PPT Recreation Attendant

Rosalia Martinez

PPT Cashier

Jennifer Tramble

Senior Lifeguard

Mark Cantrell

Maintenance Laborer

Dick Lemier

Pool Operator

Mark Sears



ADMINISTRATIVE STAFF

Superintendent of Parks and Recreation

Kenneth R. Bounds

Parks & Recreation Operations Director

Christopher Williams

Recreation Manager, SW District

Katie Gray

RENOVATION CLOSURE

Southwest Community Center & Pool will be closed for a portion of 2004 to provide for a new gym expansion. Look for new updates and details later in the season.



COMMUNITY INFORMATION



MISSION STATEMENT

Seattle Parks and Recreation will work with all citizens to be good stewards of our environment, and to provide safe and welcoming opportunities to play, learn, contemplate, and build community.

SOUTHWEST ADVISORY COUNCIL

The Southwest Advisory Council invites you and your family to enjoy recreational activities at Southwest Community Center and Pool. If you would like to work with other like-minded citizens in the development and operation of programs at Southwest Community Center you are invited to join the council. The council meets on the third Thursday of each month at the center at 7:00 PM. If you are interested in becoming a member you may call (206) 684-7438 and ask for Junior or Nancy.

ADVISORY COUNCIL MEMBERS

President

Bruce Bentley

Vice President

Susan Harmon

Treasurer

Jayne McIntyre

Secretary

Linda Bentley

Members

Michael Toly

Pam Thompson

Tony Walker



NON-DISCRIMINATION POLICY

As a matter of policy, law, and commitment the Seattle Parks & Recreation Department does not discriminate on the basis of race, creed, color, sex, marital status, sexual orientation, political ideology, age, religion, ancestry, national origin, or the presence of any sensory, mental, or physical disability. Accommodation will be made on request for persons with disabilities. If you need sign language interpretation or other accommodations, please call (206) 684-7438 or (206) 233-7061 (TDD only.) If possible, please allow 10 working days advance notice for sign language interpretation or auxiliary aide. If a class or activity is scheduled in an area that is not accessible to wheelchairs, we will make every effort to help find a similar program in a more accessible location.

WESTWOOD NEIGHBORHOOD COUNCIL

The Westwood Neighborhood Council meets at Southwest Community Center at 7:00 PM on the second Thursday of each month. They discuss issues dealing with transportation, schools, parks, and land use in our area.



VISIT OUR SEATTLE PARKS AND RECREATION AQUATICS WEBSITE

at : <http://cityofseattle.net/parks/aquatics/index.htm>

Community Center at: <http://www.cityofseattle.net/parks/swcc.htm>

Pool at: <http://www.cityofseattle.net/parks/aquatics/swpool.htm>

West Seattle Human Services Website at: <http://www.wslynccs.org>



FRIDAY NIGHT FAMILY FUN



INTENDED FOR FAMILIES WITH CHILDREN 10 AND UNDER.
ACTIVITIES BEGIN AT 7:00 PM. ONE ADULT MUST ATTEND.

SPORTS CLUB

\$1.00 per participant. Bring your family for active participation in a variety of fun games and sports.

1/16

Rollerblading/Skating*
(bring your own)

2/13

Soak'em & other ball games

3/12

Rollerblading/Skating*
(bring your own)

*Helmet required

FAMILY MOVIE NIGHT

Come and enjoy movies that are fun for children and adults.

All movies are free. Popcorn \$1.00

1/9

Finding Nemo - G

2/6

Ice Age - PG

3/5

Lilo and Stitch - PG



SPECIAL ENTERTAINERS

Admission is \$2.00 per person.

All shows are 45 minutes to 1 hour in length.

1/23

ENTERTAIN MEN



Get Juggle-tized by the stupendous, amazing, extraordinarily talented Philip and Ryan of the Entertain Men. These guys are 17 and have been juggling together for 4 years performing all over the Seattle area.



2/20

MAD SCIENCE

Children will learn all about the exciting wonders of science in this thrilling, fast-paced, high-energy science presentation that is sure to impress.

3/19



THE MAGNIFICENT CASTRO

Experience the lighthearted mystery of Castro's Magic. Laughter, fun, and surprise awaits you in this high energy show that is fun for children and adults alike.

FAMILY SCIENCE NIGHT

PRESENTED BY PACIFIC SCIENCE CENTER
& FAMILY SCIENCE

Enjoy hands on science that involves interactive activities that children and adults will find entertaining and thought provoking. Topics will include: genetics, eco-systems, technology, and many more. Call the community center a week prior to find out which topic will be presented. Please pre-register. All activities are FREE! *1/8, Thursday at Denny Library.

1/8*, 1/30, 2/27, & 3/26

Southwest Community Center & Pool

2801 SW Thistle, Seattle, Washington 98126 (206) 684-7438 FAX (206) 233-7295



WINTER SPECIAL EVENTS



FREE SUPERBOWL SUNDAY SWIM

Not a football fan? Grab the kids and join us for a free public swim.

Sunday, February 1st 4:00 - 5:00 PM

FREE WATER EXERCISE CLASSES

Bring a friend and come to one of our water exercises on us! Let Southwest Pool help you meet all your fitness needs.

Wednesday 1/14	
Hydro Fit	7:30 - 8:15 PM
Thursday 1/15	
Senior Water Ex	1:30 - 2:30 PM
Water Aerobics	8:30 - 9:30 PM
Hydro Fit	8:30 - 9:15 PM

APRIL POOL'S DAY

The Seattle Parks and Recreation Department, in partnership with Children's Hospital, Washington Recreation and Parks Association, and the King County Drowning Prevention Coalition, wish to invite you and your family to April Pool's Day. This FREE event at Southwest Pool enables families to learn water safety by practicing in the water with personal floatation devices, testing foul weather gear, performing reaching assists, and learning about rescue breathing. After an hour of hands on activities, participants are welcome to stay for a free swim!

Saturday April 17th
Time: 10:00 AM - 12:00PM



SOUTHWEST COMMUNITY CENTER & POOL NEIGHBORHOOD APPRECIATION & CELEBRATION DINNER

Join us in celebrating 28 years of quality programs and services. Festivities will include: demonstrations from current programs, music, ceramic display, pictureboard dating back over a decade, and FOOD. Tickets are \$3 each and can be purchased at the front desk.

Thursday, February 12th 7:00 PM

VALENTINE'S DAY NEIGHBORHOOD APPRECIATION DAY

To show our appreciation we are offering a free public swim in your honor. Bring your friends and enjoy!

February 14th 1:00 - 2:00 PM



DAILY POOL SCHEDULE

JANUARY - APRIL



MONDAYS & WEDNESDAYS

6:00-7:30* AM	Early Morning Lap Swim
Noon-1:30 PM	Adult/Senior Adult Swim
3:00-4:00***	Lap Swim
4:00-5:30	Swim Lessons
5:30-6:30	Lap Swim-3 lanes
5:30-6:30	Masters Workout-3 lanes
6:30-7:15	Diving Lessons
6:30-7:00	Swim Lessons
7:00-7:30	Swim Lessons
7:30-8:15	Hydro-Fit
7:30-8:30	Shallow End Public Swim
8:30-9:30	Adult Swim

TUESDAYS & THURSDAYS

Noon-1:30 PM	Adult/Senior Adult Swim
1:30-2:30	Sr. Adult Water Exercise
2:45-3:45	ASAP Program
4:00-5:00	YMCA Swim Team
4:15-5:00**	Competitive Stroke
5:00-6:00**	Lap Swim
6:00-6:30	Swim Lessons
6:30-7:00	Swim Lessons
7:00-7:30	Swim Lessons
7:30-8:30	Public Swim
8:30-9:15	Hydro-Fit
8:30-9:15	Adult Water Aerobics

FRIDAYS

6:00-7:30* AM	Early Morning Lap Swim
Noon-1:30 PM	Adult/Senior Adult Swim
1:30-2:30	Family Swim
3:00-4:00***	Lap Swim
4:00-5:30**	\$1.00 Public Swim
5:30-7:00	Lap Swim-3 lanes
6:00-7:00	Masters Workout-3

*Admission to EMLS by swim ticket only
 **Programs cancelled due to swim meet on:
 1/9, 1/13, 1/16, 1/23 & 1/27
 ***Lap Swim resumes 2/18/04

SATURDAYS

10:00-11:00	Youth Swim & Fitness
11:00-Noon	Swim Lessons
Noon-1:00 PM	Adult/ Sr. Adult Swim
1:00-2:00	Public Swim
2:00-10:00	Rentals (Call to Schedule)

SUNDAYS

11:00-12:30 PM	Adult/Senior Adult Swim
12:30-2:00	Swim Lessons
2:00-3:00	Family Swim
3:00-4:00	Special Pops Lessons
4:00-5:00	Public Swim
5:00-6:00	Lap Swim
6:00-10:00	Rentals (Call to Schedule)



POOL CLOSED

December 25th	Christmas Day
January 1st 2004	New Years Day
January 19th	MLK Jr Day
February 16th	President's Day
May 31st	Memorial Day



AMENITIES / Fees & Charges



FACILITY FEES & CHARGES

Youth (1-18)	\$2.25
Adult (19-64)	\$3.25
Senior Adult (65 & over)	\$2.25
Special Population	\$2.25
Masters Workout	\$3.75
Water Aerobics	\$3.75
Hydo-Fit/Aqua Jog	\$3.75
Sr. Adult Water Aerobics	\$2.50
Non-Recreation Spa, Weights, Sauna Use	\$3.25
Recreation Pass (save \$2.00)	\$20.00
Fitness Pass (save \$3.00)	\$30.00
Fast Pass Adult (one month unlimited)	\$45.00
Fast Pass Senior/Youth (one month unlimited)	\$35.00
Water Equipment Rental	\$1.50
Showers	\$2.00

13-STATION UNIVERSAL GYM

We offer a 13-station universal gym on the pool deck. Use of the weights is free with admission. Youth under the age of 16 may not use the weights. Sixteen & seventeen year olds using the weights must be supervised by an adult. Patrons must be dry and proper workout attire is required to use the weights.

THERAPY SPA & SAUNA

Our therapy spa and sauna are available for use during all normal operating hours. The sauna is free with your admission fee. The spa is an additional \$.50 during recreational times. To use just the spa during non-recreational swim times the cost is \$3.25 for Adults and \$2.25 for Senior Adults. **Please Note:** Youth under the age of 13 are not allowed into the spa without an accompanying adult. Children under 16 are not permitted in the sauna.

MERCHANDISE FOR SALE

Goggles	\$5.00-7.00
Shampoo	\$6.00
Conditioner	\$6.00
Swim Caps	\$3.75-8.00
Nose Plugs	\$4.00
Ear Plugs	\$4.00
Wave Webs	\$14.00
Stretch Bands	\$4.50
Bottled Water	\$1.00
Dive Rings	\$5.00
Reusable Swim Diapers	\$7.00
Little Swimmer Diapers	\$1.25



RECREATIONAL PROGRAMS



ADULT/ SENIOR ADULT SWIM

A recreational swim period for adults 19 years and over. Fast, medium, and easy lanes available for fitness swimming plus an open area for water walking or exercise.

Please Note: All lanes will be in during busy times.

Monday through Friday	Noon - 1:30 PM
Monday & Wednesday	8:30 - 9:30 PM
Saturday	Noon - 1:00 PM
Sunday	11:00 - 12:30 PM

LAP SWIM

This program is designed for the serious swimmer as well as those who want to work on conditioning. We have lanes set aside that designate different swimming ability levels.

M/W/F	6:00 - 7:30 AM
M/W/F	*3:00 - 4:00 PM
M/W	**5:30 - 6:30 PM
T/TH	***5:00 - 6:00 PM
Friday	**5:30 - 7:00 PM
Sunday	5:00 - 6:00 PM

*Program resumes 2/18/04

**3 lanes used for Masters program.

***Program cancelled due to swim meets on: 1/13 & 1/27

Please Note: Private swim lessons may be taught during these times. Instructors will keep their students in lanes 1 and 2 if we have many classes being taught.

PUBLIC SWIM

This is a recreational time for all ages. You may bring your clean masks, fins, snorkels, life preservers, and water wings to use. Lifeguards reserve the right to deny flotation devices during heavy use. Diving boards and slide are alternately opened to allow for deep water swimming. Children not meeting our height requirement of 3'6" feet must be accompanied into the water by an adult 18 years or older. Youth under the age of 18 must pass a swim test in order to swim in the deep end.

Monday - Thursday	7:30 - 8:30 PM
<i>(Monday and Wednesday evening public swims are shallow end only.)</i>	
Friday (\$1.00 swim)	*4:00 - 5:30 PM
Saturday	1:00 - 2:00 PM
Sunday	4:00 - 5:00 PM

*Program cancelled due to swim meets on: 1/9, 1/16 & 1/23



FAMILY FLOAT SWIM

The family float swim is a recreational time for the family. A parent/guardian must accompany youth under 18 years of age. This is an excellent time to bring very young children in to practice swimming skills. This is a great time to make swimming a family affair. Single adults are welcome.

Friday	1:30 - 2:30 PM
Friday	7:00 - 8:00 PM
Sunday	2:00 - 3:00 PM



AQUATIC FITNESS PROGRAMS



SENIOR ADULT WATER EXERCISE

Shallow end Senior Adult Water Exercise provides a recreational as well as a therapeutic exercise time for senior adults. Participants can expect increased strength and flexibility while improving their cardiovascular system. No swimming ability required.

Tuesday & Thursday 1:30 - 2:30 PM

Class Fee: \$3.75 Adults/ \$2.50 Senior Adults

ADULT WATER AEROBICS

Shallow end Water Aerobics is a workout consisting of warm-up, stretching, 30 minutes of aerobic activity, and a cool down. Participants can expect to work on strength and toning while getting a great workout. No swimming ability required.

Tuesday & Thursday 8:30 - 9:15 PM

Class Fee: \$3.75 Adults/ \$2.50 Senior Adults

ADULT HYDRO-FIT

Hydro-Fit is a 45 minute deep water, non-impact adult exercise program that can work the whole cardiovascular system. The use of specially designed buoyancy and resistance apparatus provide a demanding workout for the whole body. Some deep water swimming ability required.

Monday & Wednesday 7:30 - 8:15 PM
Tuesday & Thursday 8:30 - 9:15 PM

Class Fee: \$3.75 Adults/ \$2.50 Senior Adults



MASTERS WORKOUT

An experienced coach supervises an interval workout of 2500 yards or more. Different lanes for different abilities. Stroke work and helpful tips will be offered during this time. Pool shared with lap swim.

Monday & Wednesday 5:30 - 6:30 PM
Friday 6:00 - 7:00 PM

Class Fee: \$3.75 Adults



SWIM LESSON SCHEDULE



Days	Dates	# of classes	Youth/Adult	Open Registration
M & W				
Session I	1/5 - 2/4 (no class 1/19)	9	\$36.00	December 17th at 6:00 PM
Session II	2/9 - 3/10 (no class 2/16)	9	\$36.00	February 4th at 6:00 PM
Session III	3/17 - 4/14*	9	\$36.00	March 10th at 6:00 PM
	*Starts on Wednesday			
Session IV	4/19 - 5/26	12	\$48.00	April 14th at 6:00 PM
T&TH				
Session I	1/6 - 2/5	10	\$40.00	December 17th at 6:00 PM
Session II	2/10 - 3/11	10	\$40.00	February 4th at 6:00 PM
Session III	3/18 - 4/15*	9	\$36.00	March 10th at 6:00 PM
	*Starts on Thursday			
Session IV	4/20 - 5/27	12	\$48.00	April 14th at 6:00 PM
Saturday				
Session I	1/10 - 3/13	10	\$40.00	December 17th at 6:00 PM
Session II	3/20 - 5/22 (no class 4/17)	9	\$36.00	March 13th at 12:30 PM
Sunday				
Session I	1/11 - 3/14	10	\$40.00	December 17th at 6:00 PM
Session II	3/21 - 5/23	10	\$40.00	March 14th at 4:30 PM

NOTE-

A minimum of four students is required for all youth swimming classes. Programs may be combined or canceled if minimum enrollment is not met.

SWIM LESSON REGISTRATION

- LOTTERY SYSTEM

Southwest Pool's open swim lesson registration is conducted by a lottery system. At the time registration begins, random numbers will be distributed to all people waiting to register. Numbers will be called in order, beginning with #1, and registration will continue until all those present have been served.

LEARN TO SWIM

Through the 2000 ProParks Levy, the citizens of Seattle voted to provide funding for FREE swimming lessons for all 3rd and 4th grade students enrolled in Seattle Public Schools. The FREE swim lesson program is available for the first time beginner as well as the more advanced swimmer.

For "Learn to Swim" information, please call your local Seattle Parks and Recreation swimming pool or visit the web

www.cityofseattle.net/parks/aquatics/learntoswim.htm



SWIM LESSON DESCRIPTIONS



TOTS

This class is an introduction to the water for infants and toddlers 6 months to four years of age. The instructor teaches the parent how to teach the child basic water skills and water safety. Each child must be accompanied into the water with a parent/adult.

M/W	6:30 - 7:00 PM
T/Th	6:30 - 7:00 PM
Saturday	11:30 - Noon
Sunday	1:30 - 2:00 PM



KINDER LEVEL AGES 4 - 6

Kinder age swim lessons are taught in four progressive levels, K1 through K4. K1 and K2 classes cover water adjustment and basic skills for children with little or no swimming experience. K3 and K4 progress to more advanced skills. Every class also includes water safety.

YOUTH LEVEL AGES 7 - 15

Youth swim lessons are offered in progressive skill levels, L1 through L7. These classes are designed for youth ages 7 through 15 years and cover basic to advanced swimming skills. Water safety is included in each skill level.

LESSON TIMES

Please Note: Not all levels are offered at all class times.

Monday & Wednesday

4:00-4:30 PM, 4:30-5:00 PM, 5:00-5:30 PM,
6:30-7:00 PM, 7:00-7:30 PM

Tuesday & Thursday

6:00-6:30 PM, 6:30-7:00 PM, 7:00-7:30 PM

Saturday

11:00-11:30 AM, 11:30-Noon

Sunday

12:30 PM-1:00 PM, 1:00-1:30 PM,
1:30-2:00 PM

ADULTS

We offer swim lessons for older teens, adults, and senior adults. From the very beginner swimmer to the more advanced swimmer, the instructors can meet your needs and help you attain your goals.

Days:	Monday & Wednesday
Time:	1:00 - 1:30 PM or 7:00 - 7:30 PM

SPECIAL POPULATION SWIM LESSONS

Southwest Pool offers small or individualized swim classes for youth with special needs. We have a comfortable pool lift and portable steps available for non-ambulatory patrons. Use of the therapy spa is also available for an additional \$0.50. Space is limited. Contact Diane Jones or Matt Richardson for registration information. Because of the demand for these classes, there will be a 2 session limit to accommodate our wait list.

Sundays	3:00 - 3:30 PM & 3:30 - 4:00 PM
Session I	1/11 - 3/14 \$40.00
Session II	3/21 - 5/23 \$40.00

COMPETITIVE STROKE CLASS

Learn advanced stroke techniques, turns, racing starts while building endurance. Learn proper technique diving off the blocks and get in a good workout too! Pre-requisite: you must have a skill level of Red Cross level 6 or higher.

T/TH 4:15-5:00 PM

Session I: 1/6, 1/8, 1/15, 1/20, 1/22, 1/29, 2/3, 2/5
8 classes: \$48.00

PRIVATE LESSONS

Southwest Pool offers private swim lessons to those interested in one-to-one attention. Private lessons allow for concentrated instruction to meet individual needs. Cost is \$22.00 per 1/2 hour lesson or \$32.00 for a semi-private lesson. Spa fee \$.50. Contact Nancy Eisner or Diane Jones, Aquatic Co-Coordinators at (206) 684-7440 to schedule.



SPECIALTY SWIM LESSONS



YOUTH SWIM & FITNESS

This program is for youth and teens ages 10 years to 18 who have the swimming ability of level 6 or higher. This fitness program is designed to give young swimmers a challenging workout through interval training. This is a great way to stay in shape and keep swimming technique sharp in-between swimming seasons.

Saturday: 10:00-11:00 AM

January	10, 12, 24 & 31	\$32.00
February	7, 14, 21 & 28	\$32.00
March	6, 13, 20 & 27	\$32.00
April	3, 10 & 24	\$24.00
May	1, 8, 15, 22 & 29	\$40.00

SPRINGBOARD DIVING

Try our diving class and learn the fundamentals of springboard diving, body position, proper form & technique, and skills. Also safety will be taught.

Pre-requisites:

- must be 10 years old
- be able to perform a standing dive from the diving board
- must have Red Cross Youth level 6 swimming ability or higher
- pre-test required

Beginners

Mondays	6:30 - 7:15 PM		
Session I	1/5 - 3/15*	9 classes	\$54.00
	*No class 1/19 or 2/16		
Session II	3/22 - 5/24	10 classes	\$60.00

Intermediate

Wednesdays	6:30 - 7:15 PM		
Session I	1/7 - 3/17	11 classes	\$66.00
Session II	3/24 - 5/26	10 classes	\$60.00

LIFEGUARD TRAINING 2004

This class will prepare youth 15 years and older to become lifeguards. The course will include CPR for the Professional Rescuer, First Aid, and Lifeguard Training. Early paid pre-registration is a must for this popular class. There will be a 500 yard pre-test. Appropriate Red Cross books, a resusci mask, and attendance at every lesson are class requirements. For further information, please contact Nancy or Diane at the pool.

Costs:

Course	\$90.00
Books	\$34.95
Resusci mask	\$12.25
Total cost	\$137.20

Pre-test February 18th at 8:30 PM

Session I:	2/23 - 3/22
M & W	7:00 - 10:00 PM
9 classes	\$90.00

Pre-test March 31st at 8:30 PM

Session II:	4/5 - 5/3
M & W	7:00 - 10:00 PM
9 classes	\$90.00



NORTHWEST LIFEGUARD TEST PREP COURSE

Session I	Wednesday, March 24th	8:00 - 10:00 PM	\$35.00
Session II	Wednesday, May 5th	8:00 - 10:00 PM	\$35.00



PRESCHOOL AND YOUTH PROGRAMS



KINDER CLUB

This popular preschool class offers social interaction through singing, art, and educational games as well as activities including motor skill development and cooking. Your child must have turned 3 by August 31st 2003 and must be completely toilet trained. Children need only bring a clean change of clothes. Snack is provided. Program stays on site with some walking field trips to E.C. Hughes park and the SW Library. *Rates are no longer offered on a per day basis.

Instructor: Rosa Martinez
 Ages: 3 - 5 years
 Days: Mon, Wed, & Fri
 Time: 9:00 AM - Noon
 *Monthly
 Class Fee: January \$120.00
 February \$165.00
 March \$210.00

CHILDREN'S CREATIVE DANCE AND BALLET

Kids will get to experiment with movement while using great classical music that encourages the imagination and the spontaneity of this age group. Our goal is for children to feel supported, comfortable, and free to explore their ideas about what dance can be. Great for self esteem and confidence in a group. The basics of ballet will develop strength, coordination, flexibility, and alignment.

Instructor: Sandra Dobra
 Ages: 4 - 7 years
 Mondays 6:00 - 6:45 PM
 Session I 1/12 - 2/23 (no class 1/19 or 2/16)
 Session II 3/1 - 3/29
 Class Fee \$30.00



LITTLE HANDS COOKING

Put on your chef hat and learn to measure, scoop, stir, and taste. Children will make fun healthy foods and create a recipe book to keep and learn about safety tips in the kitchen.

Ages: 4 - 5 years
 Tuesdays 10:00 - 11:30 AM
 Session I: 1/13 - 2/10
 Session II: 2/17 - 3/16
 Class Fee: \$45.00



OOEY GOOEY ARTS & CRAFTS

Get ready to be messy. Kids will make and play with homemade gak, Play dough, fingerpaints, and more. No mess for moms and dads to clean up. Please bring a smooch or old t-shirt.

Ages: 4 - 5 years
 Thursdays 10:00 - 11:30 AM
 Session I: 1/15 - 2/12
 Session II: 2/19 - 3/18
 Class Fee: \$45.00



PLAY ROOM

Parents and Grandparents bring your little ones 4 and under. Come indoors this rainy winter and play with all of our fun new play equipment. Children will have a ball and will get the opportunity to meet new play-mates. Begins January 12th.

Play Room Hours:
 Mondays: 1:00 - 5:00 PM
 Fridays: 1:00 - 5:00 PM
 Fee: \$1.00 per visit or Punchcard



PRESCHOOL & YOUTH PROGRAMS



SOUTHWEST B.A.S.E.

BEFORE & AFTER SCHOOL ENRICHMENT

Are you looking for a well qualified program for your children before and after school? Then have them come to our program. We provide snacks, daily homework assistance and go on some walking field trips to local locations. We are a licensed D.S.H.S. childcare site. Program dates follow Seattle Public School schedules. Cost includes early release days at no extra charge. Day camps for vacations and waiver days are not included. Payment due one week before the first of each month. Space is limited. Please ask to be placed on an interest list for Before School Care.

Ages: 6 - 11 years

After School Care: M - F 2:30 - 6:30 PM
\$230.00 per month

Mid-Winter Break Tue-Fri 2/17-20
7:00 AM - 6:00 PM \$100.00



LITTLE DRIBBLERS

Little Dribblers teaches instructional basketball designed to promote skill development. Every child will succeed in this fun class. Children will learn the fundamentals of basketball including dribbling, passing, and making baskets. *Price includes T-shirt.

Instructor: Glenn Brooks
Ages: 4 - 5 years
Mondays: Noon - 1:00 PM
10 Weeks: 1/12 - 3/29 (no class 1/19 or 2/16)
Class Fee: \$45.00*



THE GREAT CLAY ADVENTURE

Play dirty, work in clay. From pinch pots to dinnerware, you'll find it in this class. Participants will receive step by step instruction from the simplest clay techniques to challenging works of art. Participants will discover the joy and challenge of working in clay. Dress for mess.

Instructor: Richard Serpe
Ages: 3rd grade and up
Tuesdays: 5:00 - 6:00 PM
10 weeks: 1/13 - 3/16
Class Fee: \$45.00

BEGINNING BALLET

Ballet students will learn balance, coordination, and beginning technique. Students should wear ballet slippers and comfortable clothes.

Instructor: Sandra Dobra
Ages: 7 - 12 years
Mondays: 7:00 - 8:00 PM
Session I: 1/12 - 2/23 (no class 1/19 or 2/16)
Session II: 3/1 - 3/29
Class Fee: \$30.00



STORY TIME

Children's Librarian Jennifer Bisson from the Delridge Library will be here to read stories to toddlers, preschoolers, and their caregivers. Listening to stories is a fun introduction to the world of reading.

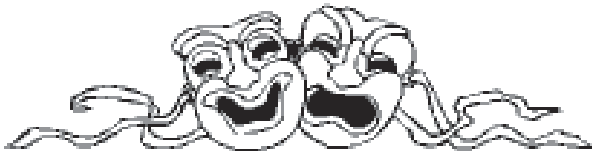
Wednesday, January 14th 10:30 AM

Story Time will be brought to you by:

The Seattle Public Library Delridge branch
5423 Delridge Way SW
(206) 733-9125



YOUTH PROGRAMS



OH, DRAMA!

An elementary overview of the theatre, motion picture, and television mediums. Technique, free expression, make-up, props, and readings.

Instructor: Michelle Allen
Ages: 7 - 12 years
Wednesdays: 6:00 - 7:00 PM
10 Weeks: 1/14 - 3/17
Class Fee: \$50.00

DANCE CALIENTE

Boys and girls are invited to come and learn hip hop, cha cha, swing, and salsa to the songs you love. Train with Anna Carling, a latin and swing dance competitor. *Price includes t-shirt uniform.

Instructor: Anna Carling
Ages: 6 - 14 years
Wednesdays: 5:00 - 6:00 PM
10 weeks: 1/14 - 3/17
Class Fee: \$60.00*

CARTOONING & DRAWING

A cartoon makes a point in a vivid and humorous way. Students learn how to translate their ideas into cartoons by learning how to make convincing cartoon characters, lettering and more. Basic drawing pointers will be covered too.

Instructor: Richard Serpe
Ages: 8 - 18 years
Mondays: 5:30 - 6:30 PM
10 weeks: 1/12 - 3/29
(no class 1/19 or 2/16)
Class Fee: \$50.00



YOUTH KARATE

Build self-esteem, self control, and self defense techniques while you make new friends. Learn basic concepts and forms of Japanese Butokukan Karate. You will also be introduced to concepts from Kenpo, Kung-Fu, and Aikido.

Instructor: Tyron Asphy
5th Degree black belt
Ages: 8 - 18 years
Days: Tuesdays & Thursdays
11 weeks: 1/13 - 3/25 (no class 2/12)

Class Fee: 5:30 - 6:30 PM \$85.00
5:30 - 7:00 PM \$125.00



PIANO LESSONS

Learn basic, intermediate, and advanced technique! Develop your music theory and interpretation skills through classical, contemporary, or jazz music. Lessons are one half hour in length. Lesson times arranged on an individual basis with instructor. Payment is due after arrangements with the instructor have been made.

Instructor: Alice Huang
Ages: 8 -Adult
10 Weeks: 1/15 - 3/19

Available lesson times:

Thursdays 5:30 - 9:00 PM
Fridays 2:00 - 6:00 PM

Class Fee: \$140.00



TEEN PROGRAMS~AGES 11 - 17



TEEN PROGRAM INFORMATION

For registration and more information please call Carrie at (206)684-7438 or stop by the teen office during operating hours.

OPEN GAMEROOM

The gameroom is open Monday-Friday for drop in activities. Youth are invited to come and participate. Activities include ping pong, pool, play station, board games and other special events. No registration is needed, but youth are asked to have a participant sheet on file with the teen staff.

Please note that because this is a drop in program youth are supervised while in the gameroom, but are free to arrive and leave at their discretion.

DINNER & A MOVIE MONDAYS

Movies will be shown in the gameroom and will be of a PG or PG-13 rating. Menu will change weekly. Contact the teen office for upcoming schedule.

Mondays: 6:00 PM
Cost: FREE

HOMEWORK HELP

Help is available in most subjects. Please call ahead to schedule a time with Carrie.

Mondays & Wednesdays 3:00 - 5:00 PM
Ages: 11 - 17 years
Cost: FREE

TEEN COUNCIL

Council members will work along side the Southwest Community Center Advisory Council to improve the center and teen program. Students may earn service learning hours for their participation. Applications can be picked up from the SWCC front desk.

Wednesdays 6:00 - 7:00 PM
Cost: FREE!

OH DRAMA!

Perfect for aspiring actors! Sharpen your skills through drama games and activities.

Instructor: Michelle Allen
Wednesdays: 7:00 - 8:00 PM
10 Weeks: 1/14 - 3/17
Cost: \$36.00

DANCE CALIENTE

Boys and girls are invited to come and learn hip hop, cha cha, swing, and salsa to the songs you love. Train with Anna Carling, a latin and swing dance competitor.

Instructor: Anna Carling
Wednesdays 4:15 - 5:00 PM
Session I 1/14 - 2/11
Session II 2/18 - 3/17
Cost: \$25.00

BRAZILIAN DANCE

From South America to Seattle! Brazilian Dance combines modern jazz, samba, folk, and pop dance.

Instructor: Dora Oliverira
Tue & Thu: 4:00 - 6:00 PM
Session I: 1/13 - 2/12
Session II: 2/17 - 3/18
Cost: FREE

POTTERY

Learn the basics of ceramic art. Make useful items or wonderful gifts for others. Work with local teacher and artist.

Instructor: Richard Serpe
Tuesdays: 6:00 - 7:30 PM
10 weeks: 1/13 - 3/16
Cost: \$45.00

FRIDAY FIELD TRIPS

Most Fridays will include a field trip. Field trips will vary in location, time, and price. Exciting fieldtrips to look for this winter include basketball games, snowboarding, and inner tubing. Participants must sign up in advance and must have a teen participant form on file in the teen office.



ADULT FITNESS PROGRAMS



ADULT KARATE

Build self-esteem, self control, and self defense techniques while you make new friends. Learn basic concepts and forms of Japanese Butokukan Karate. You will also be introduced to concepts from Kenpo, Kung-Fu, and Aikido.

Instructor: Tyron Asphy, 5th degree black belt
Ages: 18 and older
Days: Tuesdays & Thursdays
11 weeks: 1/13 - 3/25 (no class 2/12)

Class Fee: 5:30 - 6:30 PM \$90.00
5:30 - 7:00 PM \$130.00

PILATES

An exercise method designed to improve kinesthetic awareness (mind body connection), increase mental focus, and reduce stress. Benefits can be improved posture, correction of muscle imbalance, and strengthening of core muscles. Bring a mat as almost all work is done on the floor.

Instructor: Zita Hachiya
Thursdays 6:30 - 7:30 PM
10 weeks: 1/15 - 3/18
Class Fee: \$50.00



EXERCISE & RELAXATION FOR EVERYDAY HEALTH

This fitness class consists of light cardiovascular exercises, weights, calisthenics, stretching, floor exercise, relaxation, breathing, guided imagery, and meditation. Improve your flexibility, build muscle and lose weight.

Instructor: Dave Haney
6th Degree Black Belt
Mondays 7:00 - 8:00 PM
Session I 1/12 - 2/23 (no class 1/19 & 2/16)
Session II 3/1 - 3/29
Class Fee: \$40.00

SWING DANCE

Learn to swing dance to big band music, Rock and Roll, Oldies and more. Learn the basics of East Coast Swing, one of the most versatile partner dances. Easy to learn and no partner required.

Instructor: Joe Ross & Hep Jen
Wednesdays 7:00 - 8:00 PM
Session I 1/28 - 2/25
Session II 3/3 - 3/31
Class Fee: \$40.00



BRAZILIAN DANCE

Brazilian Dance: samba-robics-the perfect mixture using conditioning, modern jazz, samba, aerobics, folk & pop dance all in one. From South America to seattle....It's Brazilian!

Instructor: Dora Oliveira
Tue 6:30 - 7:30 PM
Session I: 1/13 - 2/10
Session II: 2/17 - 3/16
Class Fee: \$40.00

BELLY DANCING

Try your talent as a femme fatale (or just enjoy some great stretching and fun exercise while learning history and basic steps of this exotic Middle Eastern dance form). Instructor Shoshanna teaches Egyptian, Arabic, and modified US Cabaret styles, including basic zil (finger cymbal) patterns at beginning to intermediate levels. Wear comfortable, cool clothing. Class may be extended at student request.

Instructor: Shoshanna
Ages: 16 - 80* years
Mondays 7:00 - 8:30 PM 1/12 - 3/1*
*No class 1/19 & 2/16
Saturdays 10:30 - Noon 1/10 - 2/14
6 classes: Mon or Sat \$40.00
*Younger or older students with instructor's permission.



ADULT PROGRAMS



CPR & FIRST AID

Become certified in Standard First Aid & CPR. For registration or more information please call the Red Cross at (206)323-2345.

Tue/Thu	1/6 & 1/8	4:30 - 8:30 PM
Tue/Thu	2/10 & 2/12	4:30 - 8:30 PM
Tue/Thu	3/9 & 3/11	4:30 - 8:30 PM
Class Fee:	\$45.00	

SEWING AND QUILTING FABRICS

Looking for more people to join the group. Non-seniors, men, beginners, give it a try! Let your creative side out.

Mondays	10:00 - 12:30
Fee:	FREE



PIANO LESSONS

Learn basic, intermediate, and advanced technique! Develop your music theory and interpretation skills through classical, contemporary, or jazz music. Lessons are one half hour in length. Lesson times arranged on an individual basis with instructor. Payment is due after arrangements with the instructor have been made.

Instructor:	Alice Huang
Ages:	8 -Adult
10 Weeks	1/15 - 3/19
Available lesson times:	
Thursdays	5:30 - 9:00 PM
Fridays	2:00 - 6:00 PM
Class Fee:	\$140.00

AUDUBON CLASSES

ALL ABOUT BIRDS! FREE!

How do birds communicate? What is a raptor? How do birds feed? Study real bird skins, identify local birds and their calls, and learn to use binoculars for backyard birding with your family. Join us in becoming a beginning birder and learn all about birds.

Family: Ages 5 and up!

Thursday, January 15th 7:00-8:15 pm

OWL PROWL FREE!

What does an owl eat? How do owls catch their prey? What does an owl call sound like? Discover the world of owls by dissecting an owl pellet, learning local owl calls, and going on an owl outing. Come soar into the wonderful world of owls! Program includes an evening field trip to Lincoln Park!

Family: Ages 5 and up!

Thursday, February 5th 7:00-8:15 pm

Lincoln Park Field Trip

Meet at the upper parking lot at Lincoln Park near the information kiosk.

Friday, February 6th 6:00-7:00 pm

COLD BLOODED CRITTERS FREE!

How are reptiles and dinosaurs related? Do lizards have eyelids? What venomous snakes live in the U.S.? Learn about the evolution of our favorite cold-blood critters, hear stories of reptile encounters, and see and touch real live reptiles! Jump into an exploration of cold-blooded critters!

Family: All ages welcome!

Thursday, March 18th 7:00-8:15pm

FREE! BIRD BANDING, TRAIL MAPS, AND MEMBER BIRD WALKS!

Come watch expert bird banding at local community parks, get a Washington State Birding Trail Map, and attend local bird walks in your neighborhood. Find out more information by visiting our website at www.seattleaudubon.org



POTTERY & CRAFT WORKSHOPS



SCRAPBOOKING

Are your photos stuffed in shoeboxes, drawers, or many types of popular albums that chemically destroy photos? If so, this Creative Memories workshop is for you! For each class bring scissors and 6-8 photos of one event.

Instructor: Angele Nelson
 Class Fee: \$15.00
 Supply Fee: \$5.00 (pay instructor day of class)
 Session I: Tuesday, 1/20 6:30 - 8:00 PM
 Session II: Wednesday, 2/4 6:30 - 8:00 PM
 Session III: Wednesday, 3/3 6:30 - 8:00 PM

POTTERY STUDIO TIME

The studio is open to potters experienced in basic skills of throwing, glazing, and firing. There will be additional charges for all firings.
 Winter Quarter Dates: 1/2 - 3/31/2004
 Fee: \$125.00

CERAMIC SCULPTURE

This class will allow you to develop your skills at this remarkable art. Building hollow forms is the focus working in 3 different techniques: coiling, slabwork and pinching.

Instructor: Richard Serpe Jr.
 Ages: 16 & up
 Mondays: 6:30 - 8:00 pm
 10 weeks: 1/12 - 3/15
 Class Fee: \$125.00

ADULT CERAMIC WHEELING CLASS

The class stems to the basics and includes all levels of experience. Technique of centering, pulling, finishing, and glaze application. Instructor focuses on functional ceramic ware. Learn at your own pace.

Instructor: Michael Eric Dennett
 ages: 18 & up
 Wednesdays: 6:00 - 7:30 PM
 10 weeks: 1/14 - 3/17
 Class Fee: \$125.00

RUBBER STAMPING

Beginning class-It is a fun and exciting craft with unlimited boundaries. In this class we will discuss the different types of inks and papers, cover the basic tools, learn how to emboss and how to make your own envelopes.

Tuesday, February 24th 6:30 - 8:30 PM
 Class Fee: \$15.00
 Supply Fee: \$5.00 (pay instructor day of class)

Fast and Fun Dye Ink Cards - In this technique we will use Embossing powders and Dye Inks to achieve wonderful results which we will turn into cards that are perfect for any occasion. Some basic stamping skills are needed for this class.

Tuesday, March 23rd 6:30 - 8:30 PM
 Class Fee: \$15.00
 Supply Fee: \$5.00 (pay instructor day of class)

TILE & MOSAIC WORKSHOPS

Our instructor for the tile and mosaic workshops is Jaki Reed, who has a Bachelors of Fine Arts and is an accomplished artist in a number of different mediums. You may contact her directly at (206) 938-0418 if you have questions about these workshops.

Mosaic Mirror-Decorate a mirror with colorful tile chips, pottery shards, shells, marbles, and personal memorabilia. Lots of unique hand made tiles available as well as 12 colors of grout. Everything you need is provided, including apron, gloves and a comprehensive handout which includes supply sources for this wonderful art form. Please pre-register.

Date: Saturday, February 28th
 Time: 10:00 AM - 4:00 PM
 Registration: \$10.00 (to sign up)
 Class fee: \$45.00 adults/\$35.00 kids/seniors
 (pay instructor on day of class)



SENIOR ADULT PROGRAMS



REGISTRATION INFORMATION

Winter Quarter Dates:

January 5th - March 19th 2004
Class registration opens December 22nd

Call (206) 684-4115 or (206) 684-7438 to register.

Mail all checks payable to:
Senior Adult Advisory Council
Senior Adult Programs
Attention: Mary Dalzell @
Southwest Community Center
2801 SW Thistle St
Seattle, WA 98126

COMPUTER CLASSES

Free computer use and training at the Westwood Heights Technology Center.

Internet-beginning

M/W 10:00 - 11:30 AM

Fill in your knowledge gap

T/TH 2:00 - 3:00 PM

Digital camera/photo class

F 11:00 - 12:30 Noon

W 2:00 - 3:30 PM

Open times to practice:

Monday 11:30 AM - 4:00 PM

Tuesday 9:00 - 11:00 AM

& 5:00 - 8:00 PM

Wednesday 11:30 AM - 4:00 PM

Thursday 3:00 - 4:00 PM

& 5:00 - 8:00 PM

Friday 11:00 AM - 4:00 PM

Saturday 1:00 - 4:00 PM

Call 932-6942 Ext. 16 to register. The center is designed to meet the visual and physical needs of the 50+ populace.

DAY TRIPS

Once a week. Call #684-4951 for a detailed list to be mailed to you.

Day Trips:

Museums

Maltby Cafe/Two Tarts

Asian Art Museum Lecture

Clearwater Casino

Country Crafts Home & Gift Show

Panama Hotel

Seattle Rep

Admiralty Head Lighthouse

Emerald City Concert

Valentine Bubbles & Chocolate

HATHA YOGA

\$20.00/5 WEEKS

Releases tension and stiffness as it tones and strengthens, calms, and relaxes. Gentle stretching and movement with awareness, correct alignment, and deep breathing will enhance your flexibility and range of motion.

Fridays 10:30 - 11:30 AM

Session I: January 2nd - 30th

Session II: February 6th - March 5th

MOSAIC MIRROR

Decorate a mirror with colorful tile chips, pottery shards, shells, marbles, and personal memorabilia. Lots of unique hand made tiles available as well as 12 colors of grout. Everything you need is provided, including apron, gloves and a comprehensive handout which includes supply sources for this wonderful art form. Please pre-register.

Date: Saturday, February 28th

Time: 10:00 AM - 4:00 PM

Class fee: \$45.00



SENIOR ADULT PROGRAMS



FITNESS FOR LIFE

\$18.00/36.00

Work out from head to toes. Use of dyna bands, sticks, & weights. Build up your strength and flexibility. Bring one pound weights to class.

Tuesday 10:00 - 11:00 AM
Friday 9:30 - 10:30 AM

PILATES

\$30.00/10 WEEKS

An exercise method designed to improve kinesthetic awareness (mind body connection), increase mental focus, and reduce stress. Benefits can be improved posture, correction of muscle imbalance, and strengthening of core muscles. Bring a mat as almost all work is done on the floor. Instructor: Zita Hachiya. Modified for seniors.

Thursdays 6:30 - 7:30 PM Southwest
Begins January 8th

20's STYLE SHOW/TEA

FREE

Jackie Scott presents her costume and hats show. Wearing of your own hats and gloves are optional, but would be fun. Bring your own tea cups. MUST pre-register by March 8th. March 19th 12:00 PM Southwest

PICKLEBALL

FREE

Indoor game that is a cross between tennis and ping pong. This is a good cardio workout. Tuesday/Thursday 12:00 - 2:30 PM

A WOMAN'S JOURNEY TO AFRICA FREE

A travelogue on the trip of a lifetime to the Democratic Republic of the Congo in Africa. Learn about the place and the people from one of a team of women who traveled to the Congo in June, 2003. Photos and video included in the presentation. Discussion led by Lynn Simpson. Pre-register by February 6th. February 20th 1 - 2:30 PM Southwest

BOOK CLUB

Meets 3rd Thursday of each month at 1:00 PM at the Southwest Library.

BRIDGE CLUB

FREE

Drop-in play for experienced players. Wednesdays 10:30 - 2:30 PM

LONG TERM CARE &

END OF LIFE PLANNING

FREE

The quality of our later years depends on how well we planned in advance. It is important to think about health care, long term care, and end of life issues. Senior Rights assistance will provide information on Medicare-covered services and non-covered services. The end of life planning will include power of attorney, guardianship, and estate planning. Presenters: Jean Mathisen, program manager and Allison Feher, legal director. Pre-register by March 1st.

March 9th 1:00 - 2:00 PM Southwest

HARMONICA LESSONS

\$18.00/4 WEEKS

A beginner class to get familiar with the harmonica scale and learn to play standards in a fun jam session style. Great way to increase lung capacity. Bring a "marine band" style harmonica in the key of C. This class needs a minimum of 6 students so please pre-register by January 20th. Instructor: Joe Ross.

Tuesdays, February 3-24th 1 - 2:00 PM

GUEST CHEF

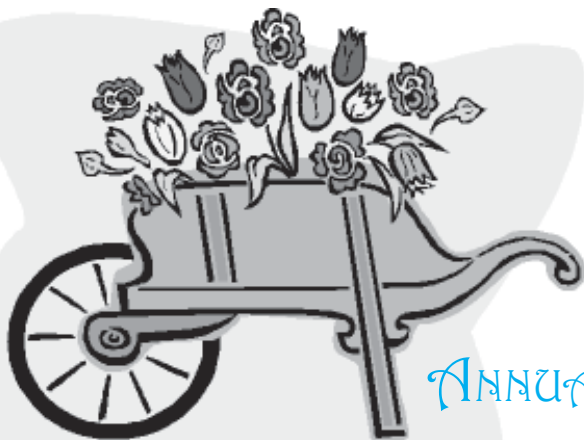
\$6.00

Walter Hanson, our musical memory man is also quite a cook. He will feature his delicious tamale pie, as well as side dishes. Please pre-register by February 16th.

February 26th 10 - Noon Southwest



ANNUAL PLANT & CRAFT SALE



SPRING 2004 ANNUAL PLANT & CRAFT SALE

THIS ANNUAL EVENT IS A FAVORITE IN THE COMMUNITY. GARDENERS WILL HAVE THEIR BEST PLANTS FOR SALE, AND CRAFTSMEN WILL HAVE THEIR GIFTS FOR SALE. A GREAT PLACE TO GET A MOTHERS DAY PRESENT! COME FOR YOUR CHANCE TO WIN ONE OF MANY WONDERFUL DOOR PRIZES THROUGHOUT THE DAY. THE FACILITY WILL ALSO HAVE A FREE PUBLIC SWIM FROM 1:00 - 2:00 PM.

PLANT AND CRAFT VENDORS WANTED

RESERVE YOUR TABLE FOR THE SOUTHWEST COMMUNITY CENTER'S ANNUAL PLANT & CRAFT SALE. TO HAVE A VENDOR PACKET MAILED TO YOUR HOME, PLEASE CALL #684-7438.





REGISTRATION INFORMATION



REGISTRATION

Open registration dates for the community center: December 1st

Open registration dates for the pool: December 17th beginning at 6:00 PM
(Please refer to page 10 for other registration dates)

Open registration for those not currently enrolled is on a first come first serve basis. The first day of registration for each session requires walk in registration only.

Please make checks or money orders payable to *Southwest Advisory Council* for community center classes and *Southwest Pool* for pool programs. **Management reserves the right to cancel classes due to insufficient demand.**

Swimming pool only: Phone registration will be taken beginning December 18th for the first session. Check page 10 for other registration dates. Registration will be taken for only one session at a time. A pre-test may be required before signing up children who have not participated in swim lesson programs here at Southwest Pool. Reduced fees for swim lessons are available for those who qualify. Contact the Aquatic Coordinator for more details. Information will remain confidential.



PHONE

-COMMUNITY CENTER & POOL

Telephone registration will be accepted with a credit card payment only. Pool phone registration taken only after open registration dates.

(206) 684-7438 - Community Center
(206) 684-7440 - Pool

WALK IN -COMMUNITY CENTER

Walk in registration is taken:

Monday & Wednesday	10:00 AM - 9:00 PM
Tuesday & Thursday	1:00 PM - 9:00 PM
Friday	1:00 PM - 9:00 PM
Saturday	10:00 AM - 5:00 PM
Sunday	CLOSED



REFUND POLICY

For community centers, swimming pools, small craft centers and other recreation providers, it is the policy of Seattle Parks and Recreation and the Associated Recreation Council that:

1. Any person who registers for a class, camp, special event or program that is cancelled for any reason by the Department or the Advisory Council will receive a full refund.
2. Any person who registers for a day camp, trip, overnight camp, special event, or facility rental, and who requests a refund within 14 days of its start (or before the second session of a class), may receive a refund minus a service charge.
3. Any person who registers for a day camp, trip, overnight camp, special event, or facility rental, and who withdraws from the activity fewer than 14 days before its start, (or after the second session of a class), will receive no refund.

Please read the entire policy for specific information.

FEES AND CHARGES

Parks and Recreation fees and charges are necessary to provide financial support to the Seattle Parks and Recreation for the operating costs of programs, facilities and grounds. The revenue generated by these fees constitutes only a portion of funds required for operating and maintaining the Parks system. All fees collected from parks and recreation activities and concessions are used exclusively for the Parks system as these funds are deposited in the Parks and Recreation Fund, not the City General Fund.

SCHOLARSHIPS

Seattle Parks and Recreation encourages participation by low-income City of Seattle residents. Scholarships or low-income rates are available for some youth instructional programs. Scholarships are limited to specific programs and are granted based on financial need. For further information, please call us at (206) 684-7438.



SEATTLE PARKS & RECREATION DEPARTMENT
SOUTHWEST COMMUNITY CENTER & POOL
K1442
2801 SW THISTLE
SEATTLE, WASHINGTON 98126

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